

Required Skills for Tumbling Classes

Captivation Dance Affiliates offers four Tumbling levels. Below is a list of skills that must be mastered for a dancer to be placed in each respective class.

Tumble Tots (Ages 3-Kindergarten)

Required Skills to Enroll in Class

- No Required Skills. Classes are based on Age.
- Tumblers may be moved up to Tumbling Level 1 at the discretion of the Studio Owner.

Tumbling Level 1 (1st Grade & Up)

Required Skills to Enroll in Class

- No Required Skills

Tumbling Level 2 (By Instructor Approval Only - 1st Grade & Up)

Required Skills to Enroll in Class

- Solid Backbend
- Back Walkover
- Front Limber
- Round Off
- Independent Handstand
- One-arm Cartwheels on Both Sides
- Cartwheel on Both Side

Tumbling Level 3 (By Instructor Approval Only - 1st Grade & Up)

Required Skills to Enroll in Class

- Side Aerial
- Back Handspring
- Back Walkover
- Front Walkover

Tumbling Level 4 (By Instructor Approval Only - 1st Grade & Up)

Required Skills to Enroll in Class

- Back Tuck
- Front Aerial
- Side Aerial
- Back Handspring

****Tumblers may be moved up mid-year at the discretion of the Studio Owner.**